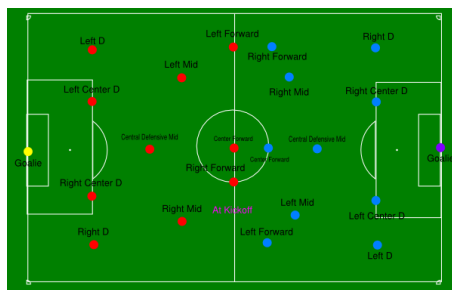


Selby Community Primary School Subject Knowledge bank

PE		Year 1	
Focus: Football skills			
Age related vocabulary			
dribble	-gently kicking the ball whilst keeping the ball as close to the feet as possible to maintain control of the ball	Travelling	-moving around different areas of the football pitch
pass	-kicking the football between players on the same team	speed	-how fast a player can move around the pitch with the ball or kick the ball
accuracy	-the ability to kick the ball to a given place e.g to another player, into the goal	direction	-players need to be able to change the way they are moving with the ball to avoid their opponent
pace	-the speed that a player can move with the ball		



Key Knowledge

- **Football is one of the most popular sport on the planet. Whether it is played on a street corner or in front of thousands of fans, the sport combines speed, strength and skill to produce an exciting display.**
- **Two teams, each with 11 players, play on a rectangular field and attempt to score a goal by kicking or 'heading' a ball into the opposite teams goal.**
- **Except for the goalkeeper, the players are usually not allowed to touch the ball with their hands or arms.**
- **A goal is scored when the ball crosses the goal line between the two goal posts. The winning team scores the most goals.**
- **Fun football facts: <https://mocomi.com/football-fun-facts/>**
- **Football skills you can practise at home: <https://www.youtube.com/watch?v=wkeVsOrnJz8>**